

# Course Outline & Learning Objectives: Sexual Assault Prevention For Undergraduates

Topics	Module Description	Learning Objectives
<b>Module 1: Introduction</b>		
<ul style="list-style-type: none"> <li>Welcome Page</li> <li>About the Course</li> <li>Welcome Letter/Video</li> <li>Introduction</li> <li>Pre-course Survey &amp; Quiz</li> <li>Your Voice, Your Experience</li> </ul>	<p>The introduction welcomes learners into the course. Instructions will help ease learners into the course design and content, and students are introduced to the topic of sexual assault prevention.</p>	<ul style="list-style-type: none"> <li>Understand that sexual violence/assault is everyone's responsibility; everyone on campus can do something to intervene and stop it</li> <li>Understand how learning about sexual assault, healthy relationships, and consent contributes to a safe/supportive campus community</li> </ul>
<b>Module 2: Values, Identities &amp; Relationships</b>		
<ul style="list-style-type: none"> <li>Who am I?</li> <li>My Identity</li> <li>My Values</li> <li>My Values Matter</li> <li>Title IX</li> <li>Policy Acknowledgement</li> <li>What Does a Healthy Relationship Look like?</li> <li>What We Want</li> <li>What Makes a "Good" Relationship?</li> </ul>	<p>In this module, learners reflect on their identities and personal values, and explore how these influence their perceptions of relationships and sexual violence. Learners will be introduced to federal laws and university policies related to sexual assault and will explore characteristics of healthy and unhealthy relationships.</p>	<ul style="list-style-type: none"> <li>Identify key elements of their personal identities</li> <li>Describe how their identities and values influence how they view relationships and sexual violence</li> <li>Recognize the relationship between sexual violence and an abuse of power and control</li> <li>Identify the key elements of healthy and unhealthy relationships</li> <li>Identify support strategies for those in abusive relationships</li> <li>Identify resources for those who may be experiencing sexual violence</li> </ul>
<b>Module 3: Identities and Stereotypes</b>		
<ul style="list-style-type: none"> <li>Understanding Our Identities</li> <li>Our Identities Influence Our Perspective</li> <li>Gender &amp; Stereotypes</li> <li>Gender Roles &amp; Stereotypes</li> <li>Why are Gender Stereotypes Harmful?</li> <li>What can You do About Harmful Language?</li> <li>Diversity</li> <li>Summary</li> </ul>	<p>Learners can reflect on what gender stereotyping is and how it can contribute to harassment and gender violence. They will be introduced to strategies for bystander intervention and learn about laws in place to protect individuals from sex- or gender-based harassment.</p>	<ul style="list-style-type: none"> <li>Explain the concept of gender stereotyping and its relationship to sexual violence</li> <li>Describe the impact of gender stereotypes on both male victims and non-binary individuals</li> <li>Illustrate the impact of sexist language</li> <li>Identify strategies to intervene when others use sexist language</li> <li>Recognize the role of Title IX and campus policies in protecting individuals from sex- or gender-based harassment</li> </ul>

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<b>Module 4: Our Values and Relationships</b>		
<ul style="list-style-type: none"> <li>• Healthy Relationships</li> <li>• Relationship Abuse</li> <li>• Federal and State Laws on Relationship Violence</li> <li>• Digital Abuse</li> </ul>	<p>In this module, learners explore the many characteristics of healthy relationships, and how to recognize relationship abuse both in person and online.</p>	<ul style="list-style-type: none"> <li>• Identify characteristics of a healthy relationship</li> <li>• Identify relationship abuse</li> <li>• Implement strategies to stay safe when confronted with potential relationship violence</li> </ul>
<b>Module 5: Consent, Coercion, &amp; Bystander Intervention</b>		
<ul style="list-style-type: none"> <li>• Consent: Part of Healthy Communication</li> <li>• The Basics</li> <li>• What does Consent Look Like?</li> <li>• Understanding Consent</li> <li>• Consent in Action</li> <li>• Scenarios</li> <li>• Coercion</li> </ul>	<p>Learners will explore consent in various contexts and reflect on how different circumstances might inhibit an individual's ability to give consent. Learners will understand the difference between consent and coercion and identify strategies for intervening safely.</p>	<ul style="list-style-type: none"> <li>• Define consent and its importance in relationships</li> <li>• Recognize when an individual is incapable of giving consent</li> <li>• Describe ways to ask for consent and to get clarification if the presence of consent is unclear</li> <li>• Define and describe examples of coercion</li> <li>• Describe the role alcohol plays in consent and coercion</li> <li>• Identify bystander intervention strategies if you witness a situation where consent is not present</li> </ul>
<b>Module 6: Sexual Harassment &amp; Stalking</b>		
<ul style="list-style-type: none"> <li>• Sexual Harassment</li> <li>• Forms of Sexual Harassment</li> <li>• Responding to Harassment</li> <li>• Interactive Scenarios</li> <li>• Stalking</li> <li>• Interactive Scenarios</li> <li>• Federal and State Laws: Stalking</li> </ul>	<p>Learners will understand different forms of sexual harassment that are common in a higher education environment including verbal harassment and stalking. Learners will identify situations when additional help might be needed and strategies for bystander intervention. Finally, learners will review federal and state laws relevant to stalking.</p>	<ul style="list-style-type: none"> <li>• Recognize <i>quid pro quo</i> and hostile environment sexual harassment in a higher education environment</li> <li>• Understand the impact of trauma, and how to offer a kind and helpful response to someone who may have experienced harm</li> <li>• Recognize examples of stalking behavior</li> <li>• Identify bystander intervention strategies</li> </ul>
<b>Module 7: Reporting &amp; Responding</b>		
<ul style="list-style-type: none"> <li>• Impact of Trauma</li> <li>• How Identities May Impact Survivor s' Experiences</li> <li>• Responding to Survivors</li> <li>• National Resources</li> <li>• Reporting</li> <li>• Reporting Options and Processes</li> <li>• Federal and State Laws: Legal Protections</li> <li>• Reporting Resources</li> </ul>	<p>This module provides the learner with guidance on responding to disclosures using empathetic and active listening skills. It introduces the learner to reporting options and the grievance/disciplinary process, and shares local and national resources.</p>	<ul style="list-style-type: none"> <li>• Identify ways to support someone who has experienced sexual violence, relationship violence, or stalking.</li> <li>• Identify resources, supportive measures, and reporting options for someone who has experienced sexual harassment, including sexual or relationship violence, or stalking.</li> <li>• Understand the grievance/disciplinary process that follows when a person files, or the Title IX Coordinator signs, a formal complaint alleging sexual harassment or violence.</li> </ul>