## Home Care Instructions: Lash Lift

## **Post-care instructions:**

DO NOT GET NEWLY LIFTED LASHES WET for 24 hours after the (final rinse). Once the service is complete, we don't want the lashes to fall or have an uneven lift. That also includes going swimming, out in the heavy rain and snow right after the client has left the salon. This does not mean during the service. The lashes have to be absolutely rinsed off properly.

- BE GENTLE with your lashes; no rubbing the eyes over all (to avoid frizz). Also rubbing and touching your eyes introduces bacteria and can cause irritation. But feel free to clean around the eyelids.
- USE 3D KERATIN LASH CONDITIONER #4 generously, daily and/or in the evenings to condition and hydrate the lashes (brushing upwards). A growth serum is highly recommended to use as well.
- DO NOT USE harsh products like oily skin cleansers, hard to remove eyeliners, scrubs around or directly on your eyes and lashes (they can dry the eyelid and can irritate the eyes).
- AVOID WATERPROOF MASCARA in general! Waterproof mascara's can be quite drying to hair and may cause breakage to the natural lashes with or without a lift.
- NO SAUNA / STEAM, infra sauna or hot yoga in the first 24-48hrs. It can weaken the effect of the lift but afterwards, its fine.
- NO SWIMMING in Salt or Chlorinated water and "doing laps" should be avoided for the first 24-48hrs.
- NO OTHER FACIAL beauty or dermal treatments for 24-48hrs. A facial can be performed prior to lash lift service just not right after.
- REMOVER YOUR MAKE-UP every evening and brush through your lashes with 3D KERATIN LASH CONDITIONER #4 before bed.
- USE A HEATED LASH CURLER to lift the root of your lashes to even the lashes as they start to grow out but no metal curler.

